



Gweithgareddau Elfennau Gwylt

Trosolwg

Mae pobl yn dysgu heb wybod eu bod yn gwenud gyda'n gweithgareddau ymarferol, hwyl sydd wedi eu cynllunio i gynyddu hunan-barch, adeiladu sgiliau ymarferol, hybu datrys problemau a meddwl beirniadol, a gwellhau sgiliau meddal fel hyder, cyfathrebu a gweithio mewn tîm. Ffyrdd hwyl i ail-gysylltu gyda dysgu at y pwrpas ar gyfer oed, gallu a diddordebau'r gynulleidfa

"Staff neis / gweithgareddau ar hap gwych"



Adeiladu Tîm

Cwrs Rhwystrol Wy Humpty Dumpty

Mae'r cyfranogwyr yn cydweithio yn erbyn y cloc i gael wy trwy gwrs rhwystrol **Ras Gyfnewid Wy** Mae timau yn rasio i gwblhau cwrs rhwystrol gyda'r wyau'n gyflawn

Parasiwtiau Wyau Mae timau yn adeiladu parasiwtiau gydag amryw o ddeunyddiau

Sblat! Adeiladu catapyltiau, taflu tomatos, llysiau wedi pydru, ac wyau, a mesur y sblat! Ffiseg a pheirianeg wedi eu cuddwisgo fel hwyl

Pasio'r Nionyn, Ali Mwgwd a sawl mwy!



Cysylltiadau Natur

Crwydrau bywyd gwylt, monitro/recordio rhywogaethau, trawsluniau, fforio coedwigoedd, gwyltio adar, dysgu am ymddygiad anifeiliaid, treillio pyllau, helpa bygiau, adnabod rhywogaethau, cadwraeth, archwilio cynefinoedd.

Gwaith Asiedydd

Bocsys adar, meinciau, planwyr o phob maint, byrddau picnic, gwylfeydd ceginau mwd!

Rhaglenni Un Diwrnod - Gwyddoniaeth, Peirianeg, Cemeg, Ffiseg, Ecoleg a'r Amgylchedd

Mae pob rhaglen yn ddarpariaeth arunig sydd yn cyflenwi'r cwricwlwm ysgol. Mae cyfranogwyr yn trochi yn y pwnc trwy amrywiaeth o ymarferion, arbrofion, rhagdybiaethau, sylwadau, gemau a gweithgareddau.

Creffft Maes

Goleuo tân, porfwydo, naddu, cerfio, coginio awyr agored, adeiladu lloches, sgiliau goroesi awyr agored, saethyddiaeth

"Mae Elfennau Gwylt wedi rhoi allfa i mi ar gyfer fy nghreadigedd yn ogystal â fy nysgu gyda gweithgareddau gwych"

Blas o'r Brifysgol

Gardd Fotaneg Treborth Prifysgol Bangor: Botaneg, microsgopau, tai poeth, planhigion trofannol, siambr golwg tanddaearol, labordai, sbesimenau, rhywogaethau anghyffredin a planhigion cigysol!

Llyfrgell ac Archifau Prifysgol Bangor (gan gynnwys y Llyfrgell Harri Potter!): tro o gwmpas y Llyfrgell, testynnau hynafol, darlith gan staff y Llyfrgell, llyfrau prin, cyflwyniad i'r archifau a technolegau'r llyfrgell.

Amgeueddfa Hanes Naturiol Brambell Prifysgol Bangor: Adar prin, dannedd megalodon, pengwiniad wedi'i stwffio, platypws pig-hwyaden, siarcod, sgerbydau anifeiliad ac oen gyda dau ben!

Garddwriaeth

Planu, gweini, chwynnu, gwasgaru, tyfu a bwyta!

Celf, Chreffft ac Amrywiol

Celfyddydau, celf traeth, gwaith metel, gemwaith, crefftau, uwchgylchu, ffotograffiaeth

Ysgolion Coed a Thraeth

Rhaglenni argymellol o isafswm o 6 wythnos wedi'i gynllunio i adeiladu hunan-barch, ysbryd cyd-dynnu a chyfaddawdu. Dysgu hunan-yrrol ar gflymdra personol.



Adborth Cyfranogwyr

Mae'n staff uchelgymwysedig a phrofiadol wedi helpu pobl i ennill dros 250 o gymwysterau



"Rwyf wedi dysgu fod mwy i fywyd na gemau cyfrifiadur"

"Rwyf wedi dysgu llawer o bethau nad oeddwn yn gwybod o'r blaen a sut i wneud planwyr a thyfu planhigion"

"Rwyf wedi dysgu am arddio, offer ac offer llaw, STEPH ac iechyd a diogelwch"

"Rwyf eisiau dysgu mwy am flodau a'r broses tyfu."

"Gwneud mwy o sesiynau fel ein bod ni'n gallu gwneud mwy o bethau"

"Roeddwn i'n meddwl bysa fo'n ddwl ond doedd o ddim"



Mae o i gyd yn y rhifau!

- 100% wedi cynyddu eu sgiliau
- 100% wedi mwynhau'r rhaglen
- 100% wedi dysgu rhywbeth newydd
- 100% yn mynd i wneud pethau'n wahanol
- 100% wedi dweud fod y cyrsiau'n hwyl
- 92% wedi dweud fod y cyrsiau'n ddiddorol
 - 82% wedi helpu eu teuluoedd
 - 73% wedi gwella bywyd y teulu
- 85% o blant o dan 16 eisiau mynd i'r brif ysol mwy/llawer mwy
- 61% o blant o dan 16 wedi eu hysbrydoli i weithio'n galetach yn yr ysgol J



100% o bobl dros 16 wedi gwella eu budd

100% o bobl dros 16 wedi cynyddu eu hyder

100% o bobl dros 16 wedi gwella eu siawns o gael gwaith

3 Hoff beth: "Bod gydag Elfennau Gwyllt, bod yn y coed; tro yn y llyfrgelloedd (Prifysgol Bangor a Llyfrgell Gladstone)"

"Dwi'n meddwl fod pob dim yn dda. Wedi dysgu sut i lifio pren."



Wild Elements Activities

Overview

People learn without knowing it with our hands-on, practical, fun activities designed to increase self-esteem, build practical skills, encourage problem-solving and critical thinking, and improve soft skills, such as confidence, communication and teamworking. Fun ways to re-engage with learning tweaked to suit audience age, abilities and interests

"Nice staff/great random activities"



Teambuilding

Humpty Dumpty Egg Obstacle Participants work together against the clock to get an egg through an obstacle course

Egg Relay Race Teams race against each other to complete the obstacle course with the eggs intact

Egg Parachutes Teams build parachutes with various materials

Splat! Building catapults, catapulting tomatoes, rotten veg, eggs and measuring the splat! Physics and engineering disguised as fun

Pass the Onion, Blindfold Alley and several more!



Nature Connections

Wildlife rambles, species monitoring/ recording, transects, forest exploration, birdwatching, learning animal behaviours, pond dipping, bug hunting, species ID, conservation, examining habitats

Joinery

Bird boxes, benches, planters of all sizes, picnic tables, gazebos, mud kitchens!

Bushcraft

Fire-lighting, foraging, whittling, carving, outdoor cooking, den building, outdoor survival skills, archery

Day Programmes – Science, Engineering, Chemistry, Physics, Ecology and Environment

Each programme is a stand-alone provision and complements the school curriculum. Participants immerse themselves in the subject topic through a variety of exercises, experiments, hypotheses, observations, games and activities.

"Wild Elements have provided me with an outlet for my creativity as well as educated me with some cool activities"

Taste of University

Bangor University's Treborrh Botanical Garden: Botany, microscopes, hot houses, tropical plants, underground viewing chamber, labs, specimens, rare species and carnivorous plants!

Bangor University Library and Archives (AKA Harry Potter Library!): Library tour, ancient texts, talk from Library staff, rare books, introduction to archives and library technologies

Bangor University Brambell Natural History Museum: Rare birds, megalodon teeth, stuffed penguins, duck-billed platypus, sharks, animal skeletons and a two-headed lamb!

Gardening/Horticulture

Planting, tending, weeding, sowing, growing and eating!

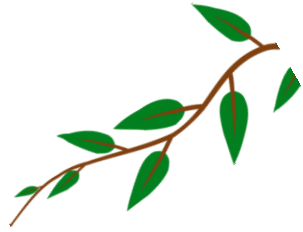
Arts, Crafts and Miscellaneous

Arts, beach arts, metalwork, jewellery, crafts, upcycling, photography

Forest and Beach Schools

Recommended 6 week minimum programmes designed to build self-esteem, personal confidence, personal and team decision-making, team ethic and compromise. Self-driven learning at a personal pace





Participant Feedback

Our highly qualified and experienced staff have helped people obtain over 250 qualifications



"I have learnt that life is more than just computer games"

"I have learned a lot of things that I didn't know before and how to make planters and grow plants"

"I have learnt about gardening, I learnt about equipment and tools and STEPH and health and safety"

"I want to learn more about flowers and the process of them growing etc."



It's all in the numbers!

- 100% increased their skills
- 100% enjoyed the programme
- 100% learned something new
- 100% will do things differently
- 92% said the courses were fun
- 92% said the courses were interesting
 - 82% helped their family
 - 73% improved family life
- 85% of under 16s want to go to university more/much more
- 61% of under 16s inspired to work harder in school 😊

"Make more sessions so we can do more things"



"I thought it would be boring but it wasn't"



100% of over 16s improved their well being

100% of over 16s improved their confidence

100% of over 16s increased their job prospects

3 Favourite things: "Being with Wild Elements, Being in the woods; library tours (Bangor University and Gladstone's Library)"

"I think everything was good. Learnt how to saw wood"